



basic education
Department:
Basic Education
REPUBLIC OF SOUTH AFRICA



Morulaganyi & Mosupatsela wa Poelomaemong ya Thulaganyo ya go Ruta ya Ngwaga (TRN/ATP)

Puo ya Gae: Setswana



Mophato 2 Kgweditharo 4



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Matseno

Barutabana ba kgato ya motheo ba ba rategang,

Leroborobo la COVID-19 le re tlogetse ka kgwetlho e tona mo go tsa thuto. Fa re tla bo re boela kwa tirisong e e tlwaelegileng ya dikolo, rotlhe re tshwanetse go dira ka botlhale le ka natla go netefatsa gore tsamaiso ya dithuto e boela mo maemong.

Se, se botlhokwa thata mo kgatong ya motheo kwa bana ba ithutang motheo wa dikgono tsa go buisa le go kwala. Aforika Borwa e go tlhoka gore o dire ka bojotle go tlhomelela barutwana ba gago ka dikgono tse gore ba se ithute fela go buisa, mme kwa bofelong ba kgone go 'ithuta go buisa.'

Lokwalo lo, lo diretswe go go thusa go fitlhelela se. Ka go dira le go latela thulaganyo e, re na le tsholofelo ya gore o ka rarabolola tatlhegelo ya nako ya go ruta le go ithuta mme wa baya barutwana mo maemong a ba tshwanetseng go nna mo go ona.

Re go lebogela go ya pele ka maitlamo, boineelo le bonatla jo bo tlhokegang go tswa mo go wena.

O tota o aga setšhaba sa rona.

Re lo eleletsa kgweditharo e ntle go ya pele,

Setlhophu sa NECT sa Puo ya Gae

Ditlhokego tsa Poelomaamong ya Thulaganyo ya go Ruta ya Ngwaga (TRN/ATP)

- Go na le dibeke di le 10 mo kgweditharong ya 4 ya poelomaamong ya Thulaganyo ya go Ruta ya Ngwaga (TRN/ATP) ya DBE.
- Dibeke tse di 10 tse, di kgaogantswe ka ditsheko tsa go ithuta tse 5.
- Mo tshekong nngwe le nngwe ya beke ya 2, dikarolo tsotlhe tsa go ithuta puo di tshwanetse go diriwa ka tsela e e latelang, go dirisiwa nako e e kwa tlase:

PALOTLASE YA CAPS KABO YA NAKO	MOPHATO 1	MOPHATO 2	MOPHATO 3
Go reetsa & Go bua	45 metsotso	45 metsotso	45 metsotso
Go buisa & Medumopuo	4:30 metsotso	4:30 metsotso	4:30 metsotso
Mokwalo	1 ura	45 metsotso	45 metsotso
Go kwala	45 metsotso	1 ura	1 ura
PALOGOTLHE	7 DIURA	7 DIURA	7 DIURA

Dikgono tsa Puo ya Gae

- Poelomaamong ya TRN ya Puo ya Gae e rulagantswe go bontsha barutabana gore ke dikgono dife tse ba tshwanetseng go di aga mo karolwaneng nngwe le nngwe ya puo.
- Go botlhokwa go ela tlhoko gore dibeke dingwe le dingwe tse pedi, dikgono tse di tshwanetseng go godisiwa di batlile di tshwana go ya ka dikarolwana, ka jalo go na le poeletso go godisa le go kopanya dikgono tse.

Diteng tsa Puo ya Gae

- Tsheko nngwe le nngwe ya dibeke tse pedi, barutabana ba tshwanetse go tlhopha thitokgang.
- Thitokgang e, e tlhalosa diteng tsa modikologo oo.
- Ka sekai, fa morutabana a tlhopha thitokgang '**Rotlhe re ya sekolong**', go raya gore diteng tsotlhe di tshwanetse go amana le thitokgang go akaretsa tse di latelang:
 - Tlotlofoko** e e rutilweng, sekai: **buisa, golagana, farologanya, ithuta, China, mophato wa ntlha**, jalojalo.
 - Diraeme kgotsa dipina** tse di rutilweng, sekai: **Bana ba sekolo, tlang sekolong**
 - Kgang ya **puisokopanelo** e e buisitsweng, sekai: Kgang ya setlhogo: **Mophato wa bobedi mo Aforika Borwa le China**
 - Tirwana ya go kwala** e barutwana ba tshwanetseng go e dira, sekai: **Kwala ditemana tse 2 ka se barutwana ba se dirang mo Aforika Borwa le kwa China.**

Medumopuo le Puisokaelo ka Ditlhopha

- Diteng tse di sa amaneng le thitokgang ke medumopuo le lenaneo la puisokaelo ka ditlhopha fela.
- Gore o kgone go ithuta go buisa, barutwana ba tshwanetse go rutiwa medumo ya puo ka tatelano, go kopanya le go kgaoganya medumo e.

- Go tsweng foo, ba tshwanetse go ikatisa go buisa mafoko le dikgang ba dirisa kitso ya bona ya medumopuo go dumisa mafoko.

Tlaya re bone gore ke dikgono le diteng dife tse di leng mo lenaaneng la TRN (ATP) ya Mophato 2 Kgweditharo 4:

TSHOBOKANYO YA POELOMAEMONG YA TRN: MOPHATO 2 KGWEDITHARO 4
GO REETSA LE GO BUA
<ol style="list-style-type: none"> 1 O bua ka maitemogelo a gagwe le dikgang ka kakaretso. 2 O reetsa tatelano ya ditaelo tse di marara mme o di tsibogela ka tshwanelo 3 O reetsa kwantle ga go tseba ba bangwe mo ganong, o bontsha tlotlo go sebui se sengwe. 4 O botsa dipotso go tlhaloganya. 5 O tsaya karolo mo dipuisanong, o botsa le go araba dipotso. 6 O tshitsinya tharabololo ya bothata 7 O akantsha ditlhogo tsa dipuisano 8 O naya pegelo ka tiro ya setlhopho 9 O tsaya karolo mo go tshamekeng motshameko wa mafoko jaaka 'Ke tlhola ka leitlho la me' 10 O dirisa mareo a a jaaka, letlhaodi, lediri, leemedi, phegelwana, letshwao la potso le ditemana fa a bua ka kwalo ya gagwe. 11 O tlhaloganya le go dirisa puo ya dithuto tse di farologaneng. 12 Reetsa le go tsibogela sebui se ngwana a ka se se boneng. 13 O reetsa dintlha ka botlalo mo kgang le go araba dipotso tse di bulegileng 14 O ntsha maikutlo a gagwe ka ga setlhangwa le go neela mabaka. 15 O dira metlae le dithamalakwane a dirisa puo ya boikakanyetsi

MEDUMOPUO
<p><i>Ntlha go morutabana:</i></p> <ul style="list-style-type: none"> • <i>Netefatsa gore o aga le go kgaoganya mafoko:</i> <ul style="list-style-type: none"> • <i>Ka kutlo (temogo ya medumopuo)</i> • <i>Ka kutlo le ka pono (medumopuo)</i>
<ol style="list-style-type: none"> 1 Dirisa ditlhakanosi le ditumammogo tse di pataganeng go aga le go kgaoganya mafoko, sk. tlo-tla 2 Buisa mafoko go tswa mo dithutong tsa medumopuo mo dipolelong le mo ditlhangweng tse di dingwe 3 Ithute go peleta mafoko a le lesome a a ithutilweng ka nako ya thuto ya medumopuo, le go tswa mo mafokong a a bonwang thata mo tikologong 4 Kgobokanya mafoko a go ya ka ditlhopho tsa medumo ya tsona 5 Lemoga le go buisa: <ol style="list-style-type: none"> a Bonnye Ditumanosi tse tse tlhano tse di pataganeng di dumisega e kete ga di pedi (sk. 'ee', 'oo', 'oa') b Bontsi jwa mafoko go ya ka fa o a utlwang ka teng ('ba-', 'me-'), 'ng' le 'po' kwa bokhutlong jwa mafoko c Ditumammogo tse di tlwaelegileng tse di pataganeng (ng, tl) kwa bofelong jwa mafoko (sk. e-ng, tlo-tla) d Mafoko a a felelang ka go tshwana, sekai: ng

MOKWALO

- 1 Bopa ditlhakanyne le ditlhakakgolo ka lobelo le legolo ka nepo
- 2 Dirisa didiriswa tsa go kwala ka nonofo: phensele, raba le rula
- 3 O dirsa mokwalo o o tshwaraganeng fa a kwala.
- 4 Kopolola le go kwala dipaterone tsa mokwalo o o tshwaraganeng
- 5 O simolola go ithuta go kwala ka mokwalo o o tshwaraganeng
- 6 Kopolola le go kwala bonnye ditlhaka tse pedi ka go tshwaraganya mo bekeng.
- 7 Kopolola le go kwala mafoko a makhutshwane ka go tshwaraganya kgotsa mokwalo o o tshwaraganeng
- 8 Kopolola le go kwala dipolelo tse dikhutshwane ka go tshwaraganya kgotsa mokwalo o o tshwaraganeng
 - Mofuta wa mokwalo o tla diragatswa go ya ka pholisi ya sekolo ya mokwalo kgotsa ya porofense.

PUISOKAELO KA DITLHOPHA

Ntlha go morutabana:

- Baya barutwana ka ditlhopho tsa bokgoni jwa bona jwa go buisa.
- Tlhopho ditlangwa/dibuka tsa maemo a a nepagetseng a setlhopho.
- Reetsa mongwe le mongwe wa setlhopho a buisa ka nosi mme o ba kaele fa ba ntse ba buisa.

- 1 O buisetsa kwa godimo go tswa mo setlhangweng sa gagwe mo setlhopheng sa go buisa le morutabana
- 2 O buisa dibuka tsa dikgang tse e leng nnete le tse e seng nnete.
- 3 Dirisa mafoko a a nnang a le teng mo phaposiborutelong, medumopuo, dikgono tsa tshekatsheko ya tiriso le popego fa a buisa
- 4 Tswela go bopa tlotlofoko e e nnang e le teng go tswa mo mananeo a puiso e e sa rulaganyediwang, tlhatlhamano e e tlhophilweng ka seemo le manane a mafoko a a tlhagelelang kgapetsakgapetsa.
- 5 O tswela go aga tlotlofoko ya mafoko a pono.
- 6 Buisa ka thelelo e e oketsegang, lebelo le go bitsa mafoko ka nepagalo
- 7 Itekole fa o buisa, o lemoge le go tlhaloganya mafoko
- 8 O dirisa ditogamaano tsa go itshiamisa, sekai: poeletso ya puiso, go ikhutsa le go ithuta go buisa lefoko pele o le buela kwa godimo.

PUISO KA NOSI

- 1 Buisetsa morutwana-ka-wena kwa godimo
- 2 Buisa ka nosi: mo maemong a a kwa godimo go itumela kgotsa go bona tshedimosetso go tswa mo dibukeng tse di farologaneng
- 3 O buisa kwalo ya gagwe le ya ba bangwe.
- 4 Tshameka metshameko ya go buisa le go feleletsa malepa a mafoko go gatelela puiso le dikgono tsa tlotlofoko jaaka: dibeke le metshameko ya metlhala ya maoto.

PUISOKOPANELO

- 1 Buisang buka le morutabana/ ba reetsa le go latela morutabana fa a buisa buka(ya ditiragalo tsa nnete kgotsa e se tsa nnete)
- 2 Lemoga tatelano ya ditiragalo mo kgannyeng.
- 3 Ba buisa maboko le dipina le morutabana mme ba buisana ka difomete le go tlhopho mafoko.
- 4 Araba dipotso tsa maemo a a kwa godimo go tswa mo temaneng e e buisitsweng (“Go ne go tla diragala eng fa...”)
- 5 O ntsha maikutlo a gagwe gore kang e ratilwe kgotsa nnyaa mme o buelela karabo ya gagwe
- 6 O ntsha maikutlo a gagwe ka ga lekwalodikgang, dimakasine, ditshwantsho le diphousetara
- 7 O lemoga matshwao a mafoko a a khutshwafaditsweng

GO KWALA

Ntlha go morutabana:

- *Dirisa ditirwana tsa go kwala ga kopanelo go diragatsa thulaganyo ya go kwala (go rulaganya, kwalo ya ntlha le phasalatso).*
- *Naya letlhomeso la go kwala go thusa barutwana go kwala dikgang tsa bona.*

- 1** Tsaya karolo mo puisanong ya go tlhopha setlhogo se o tla kwalang ka ga sona
- 2** Peleta mafoko a a tlwaelegileng ka nepagalo le go leka go peleta mafoko a o sa a itseng o dirisa kitso ya medumopuo
- 3** Itlhamele lenaane la mafoko le thanodi e e leng ya gago
- 4** Buisetsa morutwana-ka-ena mokwalo wa gagwe
- 5** Buisa le go buisana ka mokwalo o e leng wa gago le morutwana-ka-wena
- 6 O feleletsa ditiro tsa go kwala, go akaretsa go rulaganya, kwalo ya ntlha le phasalatso:**
 - a** Kwala temana e le nngwe go ya go di le pedi (bonnye dipolelo di le robedi) ka ga maitemogelo a gago kgotsa ditiragalo
 - b** Ditemana tse 2 tsa dipolelo tse lesome ka maitemogelo a gago kgotsa ditiragalo.
 - c** O dirisa puo e e jaaka 'E rile ka letsatsi lengwe' mme 'kwa bofelong' rulaganya tshedimosetso mo tshateng kgotsa mo lenaanethalong.
 - d** O lekelela mafoko, o kwala leboko le le bonolol kgotsa pina.
- 7 Lemoga le go dirisa puo ka nepagalo, go akaretsa:**
 - a** Matshwao a puo: dikhutlo, diphegelwana, matshwao a potso, matshwao a tsiboso, ditlhakakgolo
 - b** Pakajaanong
 - c** Pakapheti
 - d** Pakatlang
 - e** Tatelano ya mafoko jaaka: la ntlha, latela le bofelong

Dira tsamaiso ya ka metlha go ithuta puo

- Tsela e e siameng ya go netefatsa gore o dirisa nako ka nepagalo le go dira dikgono tsotlhe tsa TRN, ke go dira tsamaiso ya ka metlha ya go ithuta puo.
- Fa tlase ke tsamaiso ya beke le beke e e akantshitsweng mme e ka dirisiwa mo modikologong wa dibeke di le pedi.
- Tsamaiso ya beke le beke e dirisa BONNYE JWA NAKO ya Puo ya Gae (7 diura)
- Tsamaiso ya beke le beke e lekanyeditswe go dirisiwa mo mephatong yotlhe.

Tsamaiso ya beke le beke e akantshitsweng ya Kgato ya Motheo ya Puo ya Gae

DIKHUTSHWAFATSO: R&B: Reetsa le go Bua, P&M: Puiso le Medumopuo, M: Mokwalo, GK: Go kwala

LETSATSI	KAROLWANA	TIRWANA	NAKO: PALOGOTLHE	NAKO: R&B	NAKO: P&M	NAKO: M	NAKO: GK
Mosupologo	GO REETSA LE GO BUA	Ditirwana tsa molomo	15 metsotso	15 metsotso			
	MOKWALO	Tlhatlho e e sa tlhomamang	15 metsotso		15 metsotso		
	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso		15 metsotso		
	GO KWALA	Go kwala ga kopanelo le thulaganyo ya go kwala	30 metsotso				30 metsotso
Labobedi	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhopho	30 metsotso		30 metsotso		
	PUISO LE MEDUMOPUO	Ruta modumo o montšhwa le mafoko	15 metsotso		15 metsotso		
	MOKWALO	Ruta tlhaka e ntšhwa le mafoko	15 metsotso			15 metsotso	
	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso		15 metsotso		
Laboraro	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhopho	30 metsotso		30 metsotso		
	GO REETSA LE GO BUA	Ditirwana tsa molomo	15 metsotso	15 metsotso			
	PUISO LE MEDUMOPUO	Ruta modumo o montšhwa le mafoko	15 metsotso		15 metsotso		
	MOKWALO	Ruta tlhaka e ntšhwa le mafoko	15 metsotso			15 metsotso	
Labone	GO KWALA	Go kwala ga kopanelo le thulaganyo ya go kwala	30 metsotso				30 metsotso
	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhopho	30 metsotso		30 metsotso		
	PUISO LE MEDUMOPUO	Katso ya medumopuo	15 metsotso		15 metsotso		
	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso		15 metsotso		
Labotlhano	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhopho	30 metsotso		30 metsotso		
	GO REETSA LE GO BUA	Ditirwana tsa molomo	15 metsotso	15 metsotso			
	PUISO LE MEDUMOPUO	Katso ya medumopuo	15 metsotso		15 metsotso		
	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso		15 metsotso		
	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhopho	30 metsotso		30 metsotso		
			7 diura	45 metsotso	4 diura	45 metsotso	1 ura
					30 metsotso		
					30 metsotso		

A o kgona go bona gore kabo ya nako ya karolwana nngwe le nngwe e nepagetse?

Ditirwana tse di akantshitsweng tsa Kgato ya Motheo ya Puo ya Gae (e bua ka ditlhokego tsa TRN/ATP)

- Gonne bontsi jo bo tshwanang ba dikgono bo tshwanetse go godisiwa, e ka nna kakanyo e ntle go dira ditirwana tse di tshwanang beke nngwe le nngwe.
- Netefatsa gore o dira dikgono tsotlhe tse di tlhokegang go ya ka TRN(ATP).
- E dira gape gore go ruta le go ithuta go diriwe sentle gonne fa wena le barutwana le setse le tlwaetse ditirwana tse, ga o senye nako ka go tlhalosa.
- Thulaganyo e e fa tlase e akantsha ditirwana tsa ka metlha tse o ka di dirang beke nngwe le nngwe go wetsa ditlhokego tsa TRN(ATP)
- Fa e le gore go na le dikgono tse di kgethegileng kgotsa thuto e e tshwanetseng go diriwa (go ya ka ATP) tsotlhe tse di latelang di tshwanetse go akarediwa.
- Ela tlhoko: Barutabana ba tshwanetse go dirisa ditirwana tsa Bukatiro ya DBE fa go tshwanela.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Mosupologo	GO REETSA LE GO BUA	Ditirwana tsa molomo	<ul style="list-style-type: none"> • Itsise thitokgang • Ruta mafoko a 3 a tlotlofoko ya thotokgang • Ruta pina kgotsa raeme • Barutwana ba oketsa ka mafoko mo dibukeng tsa tlotlofoko
	MOKWALO	Tlhatlhobo e e sa tlhomamang	<ul style="list-style-type: none"> • Naya barutwana tlhatlhobo e e sa tlhomamang go bona fa ba gopola ba gopola medumo le mafoko a a rutilweng. • Gape lekola mokwalo – go bopa tlhaka, ditlhakakgolo le diphatlha mo gare ga mafoko. • Kopa barutwana go kwala mafoko a le 10 go tswa mo thutong ya medumopuo le mafoko a ba a itseng.
	PUISO & MEDUMOPUO	Puisokopanelo PELE GA PUISO	<ul style="list-style-type: none"> • Puiso ya pele • Bontsha barutwana ditshwantsho tsa kangang. • Ba kope go bua se se diragalang. • Ba kope go dira ponelopele. • Ba kope fa ba ka se lemoge lefelo la kangang.
	GO KWALA (Tsheko ya beke 1)	Go kwala ga kopanelo le thulaganyo ya go kwala: GO RULAGANYA	<ul style="list-style-type: none"> • Bolelela barutwana setlhogo sa go kwala. • Bolelela barutwana tiro ya go kwala e o e tlhophileng sekai.: <ul style="list-style-type: none"> a Ditemana tse 1-2 tsa dipolelo tse 8. b Ditemana tse pedi tsa dipolelo tse 10 c Rulaganya tsedimose tso mo tshateng kgotsa lenaneothalo d Leboko le le bonolo kgotsa pina • Bontsha barutwana gore ba RULAGANYE go kwala ga bona jang. • Kopa dikakanyo tsa go rulaganya (Go kwala ga kopanelo) • Bolelela barutwana go feleletsa dithulaganyo tsa bona (ba seka ba kopisa)

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Mosupologo	GO KWALA (Tsheko ya beke 2)	Go kwala ga kopanelo le thulaganyo ya go kwala: GO SIAMISA	<ul style="list-style-type: none"> Kwala kwalo ya ntlha ya gago mo patitšhokong. Kwala lenaane la go siamisa mo patitšhokong. Bontsha barutwana gore ba SIAMISE jang go kwala ga bona ba dirisa lenaanetekolo (go kwala ga kopanelo) Bolelela barutwana go siamisa tiro ya bona kgotsa ya molekane.
	PUISO & MEDUMOPUO	Puisokaelo ka ditlhopha 2 DITLHOPHA X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi) Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE. Bitsa setlhotshwana go dira le wena (setlhopha sa bokgoni jo bo tshwanang) Boeletsa medumopuo le mafoko a pono le setlhopha. Naya setlhopha setlhangwa sa maemo a bona. Reetsa morutwana mongwe le mongwe a buisa ka nosi.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labobedi	PUISO & MEDUMOPUO	Ruta modumo o montšhwa le mafoko	<ul style="list-style-type: none"> Dira ka go latela lenaneo la medumopuo ya puo ya gago. Ruta barutwana go buisa modumo o montšhwa. Ba rute go buisa mafoko a a nang le modumo o montšhwa le medumo e e rutilweng (mafoko a a dumisegang) Ba bontshe gore ba kgaoganye le go kopanya mafoko jang. Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.
	MOKWALO	Ruta tlhaka e ntšhwa le mafoko	<ul style="list-style-type: none"> Ke kakanyo e e siameng go bapisa mokwalo le medumopuo. Ruta barutwana go kwala tlhaka kgotsa modumo o ba ithutileng ona. (Mephato 2&3 – mokwalo o o kopaneng) Ruta barutwana go kwala mafoko le dipolelo tse di dirisang modumo. Siamisa mokgwa o barutwana ba tshwarang diphensele ka teng, go nna, go bopa tlhaka, go tlogela diphatlha mo magareng le bogolo ba ditlhaka. Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labobedi	PUISO & MEDUMOPUO	Puisokopanelo PUISO YA NTLHA	<ul style="list-style-type: none"> • Puiso ya ntlha • Buisetsa barutwana kgang ka thelelo le ka maikutlo. • Ema go tlhalosa fa go tlhokega. • Ba lemose le go ba tlhalosetsa dikarolo tsa puo, go akaretsa: <ul style="list-style-type: none"> a Matshwao a puo b Paka – pheti, jaanong, tlang c tsejwana – mafoko a a khutshwafaditsweng tsejwana – sa gago d Tatelano ya mafoko • Morago ga puiso, botsa mefuta e e latelang ya dipotso: <ul style="list-style-type: none"> a Gopola (mang, kae, leng, eng jj) b Tatelano (go diragetse eng lantlha, go latela, bokhutlo) c Kakanyo le go buelela (a o ratile / ke eng se o se gopotseng ka/ naya mabaka/ jj)
	PUISO & MEDUMOPUO	Puisokaelo ka ditlhopha DITLHOPHA 2 X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> • Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puisoka bobedi kgotsa ka nosi) • Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE. • Bitsa setlhotshwana go dira le wena (setlhopha sa bokgoni jo bo tshwanang) • Boeletsa medumopuo le mafoko a pono le setlhopha. • Naya setlhopha setlhangwa sa maemo a bona. • Reetsa morutwana mongwe le mongwe a buisa ka nosi.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Laboraro	GO REETSA LE GO BUA	Ditirwana tsa molomo	<ul style="list-style-type: none"> • Ruta mafoko a tlotlofoko ya thitokgang a 3 • Opela pina kgotsa bua raeme • Barutwana ba oketsa ka mafoko mo dibukeng tsa tlotlofoko tsa bona • Dira tirwana ya molomo e nngwe sekao.: <ul style="list-style-type: none"> a Dikgang – kopa barutwana ba 2 go abelana ka dikgang. b Kanelokgang ya boitlhamedi – Kopa barutwana go itlhamela dikgang mme ba abelane le molekane. c Metshameko – Tshameka motshameko wa puo d Metlae – Kopa barutwana ba 2 go bua motlae kgotsa tlhamane. e O naya pegelo ka tiro ya setlhopha. f Reetsa le go tsibogela sebui se se ka se bonweng

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Laboraro	PUISO & MEDUMOPUO	Ruta modumo o montšhwa le mafoko	<ul style="list-style-type: none"> • Dira ka go latela lenaneo la medumopuo ya puo ya gago. • Ruta barutwana go buisa modumo o montšhwa. • Ba rute go buisa mafoko a a nang le modumo o montšhwa le medumo e e rutilweng (mafoko a a dumisegang) • Ba bontshe gore ba kgaoganye le go kopanya mafoko jang. • Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.
	MOKWALO	Ruta tlhaka e ntšhwa le mafoko	<ul style="list-style-type: none"> • Ke kakanyo e e siameng go bapisa mokwalo le medumopuo. • Ruta barutwana go kwala tlhaka kgotsa modumo o ba ithutileng ona. (Mephato 2&3 – mokwalo o o kopaneng) • Ruta barutwana go kwala mafoko le dipolelo tse di dirisang modumo. • Siamisa mokgwa o barutwana ba tshwarang diphensele ka teng, go nna, go bopa tlhaka, go tlogela diphatlha mo magareng le bogolo ba ditlhaka. • Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.
	GO KWALA (Tsheko ya beke 1)	Go kwala ga kopanelo le thulaganyo ya go kwala KWALO YA NTLHA	<ul style="list-style-type: none"> • Gopotsa barutwana ka tiro ya go kwala. • Kwala thulaganyo ya gago mo patitšhokong. • Kwala letlhomeso la go kwala mo patitšhokong. • Bontsha barutwana go dira KWALO YA NTLHA (go kwala ga kopanelo) • Bolelela barutwana go dirisa thulaganyo ya bona le letlhomeso go dira kwalo ya ntlha ya bona.
	GO KWALA (Tsheko ya beke 2)	Go kwala ga kopanelo le thulaganyo ya go kwala PHASALATSO LE KABELANO	<ul style="list-style-type: none"> • Gopotsa barutwana ka tiro ya go kwala. • Kwala kwalo ya gago ya ntlha le ditshiamiso mo patitšhokong. • Lebelela ditshiamiso gape. • Bontsha barutwana gore ba ka PHASALATSA jang se ba se kwadileng ka go se kwala gape ka makgethe kwantle ga diphoso le go tsenya setshwantsho. • Bolelela barutwana go phasalatsa tiro ya bona. • Bolelela barutwana go abelana ka se ba se kwadileng le molekane – ba buise kwalo ya bona le ya ba bangwe.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Laboraro	PUISO & MEDUMOPUO	Puisokaelo ka ditlhopha DITLHOPHA 2 X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> • Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi) • Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE. • Bitsa setlhotshwana go dira le wena (setlhopha sa bokgoni jo bo tshwanang) • Boeletsa medumopuo le mafoko a pono le setlhopha. • Naya setlhopha setlhangwa sa maemo a bona. • Reetsa morutwana mongwe le mongwe a buisa ka nosi.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labone	PUISO & MEDUMOPUO	Katiso ya medumopuo	<ul style="list-style-type: none"> • Boeletsa medumo e mebedi e e rutilweng ka Labobedi le Laboraro. • Dira tirwana ya medumopuo le barutwana botlhe sekai.: <ul style="list-style-type: none"> a Kopanya medumo go dira mafoko b Kgaoganya mafoko ka medumo. c Kgaoganya mafoko ka dinoko d Kgaoganya mafoko ka modumo wa ntlha wa lefoko le noko ya bofelo ya lefoko. e Baya mafoko a a tsamayang mmogo ka setlhopha. f Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.
	PUISO & MEDUMOPUO	Puisokopanelo PUIISO YA BOBEDI	<ul style="list-style-type: none"> • Puiiso ya bobedi • Buisetsa barutwana kgang ka thelelo le maikutlo. • Morago ga puiiso, botsa dipotso tse di akaretsang: <ul style="list-style-type: none"> a Tatelano (ke eng se se diragetseng la ntlha, se se latelang, bokhutlo) b Kakanyo le go buelela (a o ratile / ke eng se o se akantseng ka/ naya mabaka / jj) c Maemo a kwa godimo (goreng o akanya / fa o ne o le ___ o ne o ka dira eng /a o ka dira kgolagano le... / jj) • Kopa barutwana go itlhamela dipotso tsa bona ka setlhangwa, mme ba botse molekane.
Labone	PUISO & MEDUMOPUO	Puisokaelo ka ditlhopha DITLHOPHA 2 X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> • Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi) • Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE. • Bitsa setlhotshwana go dira le wena (setlhopha sa bokgoni jo bo tshwanang) • Boeletsa medumopuo le mafoko a pono le setlhopha. • Naya setlhopha setlhangwa sa maemo a bona. • Reetsa morutwana mongwe le mongwe a buisa ka nosi.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labotlhano	GO REETSA LE GO BUA	Ditirwana tsa molomo	<ul style="list-style-type: none"> • Ruta mafoko a 3 a tlotlofoko ya thitokgang. • Opela pina kgotsa o bue raeme. • Dira tirwana ya molomo e nngwe sekai.: <ul style="list-style-type: none"> a Baya barutwana ka ditlhopha go buisana ka setlhangwa, ba dirisa letlhomeso ba ntsha maikutlo a bona le ditshwaelo le go buelela dikarabo tsa bona (Ke rata... / Ga ke a rata... / Ke akanya gore setlhangwa se se kwaletswe go...) b Kanelokgang ya boitlhamelo – Kopa barutwana go dira ka ditlhopha mme batle ka kgang e le nngwe ya thitokgang.
	PUISO & MEDUMOPUO	Katiso ya medumopuo	<ul style="list-style-type: none"> • Boeletsa medumo e mebedi e e dirilweng ka Labobedi le Laboraro mmogo le medumo e mengwe e e rutilweng mo kgweditharong e. • Dira tirwana ya medumopuo le barutwana botlhe sekai.: <ul style="list-style-type: none"> a Kopanya medumo go dira mafoko. b Kgaoganya mafoko ka medumo. c Aga mafoko o dirisa medumo – Batla Lefoko d Kwala dipolelo tsa gagwe a dirisa mafoko a medumopuo. e Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labotlhano	PUISO & MEDUMOPUO	Puisokopanelo MORAGO GA PUISO	<ul style="list-style-type: none"> • Puiso ya morago • Dira tirwana e e tla go akanyisang ka kgang mo go tseneletseng sekai.: <ul style="list-style-type: none"> a Botsaya karolo – baya barutwana ka ditlhopha go diragatsa kgang. b Bokhutlo jo bontšhwa –bolelela barutwana go itirela bokhutlo jo bontšhwa jwa kgang mme ba bolelele balekane ba bona. c Anela kgang ka setlhopha – mongwe le mongwe mo setlhopheng o anela karolo ya kgang ka tatelano e e nepagetseng. d Anela kgang le molekane – mongwe le mongwe mo setlhopheng o anela karolo ya kgang ka tatelano e e nepagetseng. e Tshobokanyo – morutwana mongwe le mongwe o bolelela molekane ka dipolelo tse 2 – 3 gore kgang e ne e bua ka ga eng. f Ba ntsha maikutlo a bona le ditshwaelo go buelela dikarabo tsa bona • Naya barutwana ba ba farologaneng tshono go go dira pegelo ya tiro ya setlhopha
	PUISO & MEDUMOPUO	Puisokaelo ka ditlhopha DITLHOPHA 2 X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> • Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi) • Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE. • Bitsa setlhotshwana go dira le wena (setlhopha sa bokgoni jo bo tshwanang) • Boeletsa medumopuo le mafoko a pono le setlhopha. • Naya setlhopha setlhangwa sa maemo a bona. • Reetsa morutwana mongwe le mongwe a buisa ka nosi.

A o lemogile gore mo karolwaneng nngwe le nngwe, tsamaiso ya ka metlha e a dirisiwa? Bona fa e le gore o lemogile tsamaiso ya ka metlha e e akareditsweng:

DITIRWANA TSA MOLOMO

Mosupologo: Itsise thitokgang, ruta tlotlofoko, ruta pina kgotsa raeme

Laboraro: Ruta tlotlofoko, opela pina kgotsa raeme, dira tirwana e nngwe.

Labotlhano: Ruta tlotlofoko, opela pina kgotsa raeme, dira tirwana e nngwe.

MEDUMOPUO & MOKWALO

Mosupologo: Dira tlhatlhobo e e sa tlhomamang go lekola kitso ya medumopuo le mokwalo.

Labobedi: Ruta medumo e mentšhwa le mafoko; ruta gore o kwala jang ditlhaka le mafoko.

Laboraro: Ruta medumo e mentšhwa le mafoko; ruta gore o kwala jang ditlhaka le mafoko.

Labone: Dira tirwana ya go ikatisetsa go dirisa medumopuo.

Labotlhano: Dira tirwana ya go ikatisetsa go dirisa medumopuo e e rutilweng.

PUISOKOPANELO

Mosupologo: Pele ga puiso

Labobedi: Puiso ya ntlha

Labone: Puiso ya bobedi

Labotlhano: Morago ga puiso

GO KWALA

Beke 1 Mosupologo: Go rulaganya

Beke 1 Laboraro: Kwalo ya ntlha

Beke 2 Mosupologo: Go siamisa

Beke 2 Laboraro: Go phasalatsa le kabelano

A se se go naya tlhaloganyo? Ke diphetogo dife tse o neng o ka di dira?



Medumopuo le Puisokaelo ka ditlhopha



Jaaka morutabana wa kgato ya motheo, maikarabelo a mangwe a gago ke go netefatsa gore barutwana botlhe ba kgona go buisa!

Dikaedi dingwe tse di botlhokwa tse o tshwanetseng go di latela go ruta medumopuo ke:

- 1 Go netefatsa gore o na le lenaneo la medumopuo le le feletseng, le akaretsa medumo yotlhe ya puo ya gago.**
 - Lenaneo la medumopuo ya Puo ya gae ya Setswana la NECT le neetswe fa tlase – lokologa go le dirisa kgotsa go dirisa lenaneo la medumopuo lengwe le lengwe le le rulagantsweng ke porofense, kgaolo kgotsa sekolo sa gago.
- 2 Dirisa lenaneo la medumopuo la gago ka tatelano. Modumo mongwe le mongwe:**
 - Netefatsa gore barutwana ba utlwa modumo mme ba lemoga modumo mo mafokong.
 - Ruta barutwana kamano ya tlhaka le modumo – gore modumo o lebega jang.
 - Ba ikatisetse go kopanya medumo le medumo e mengwe e ba e itseng go dira mafoko.
 - Buisa setlhangwa se se akaretsang mafoko a a dirisang modumo.
 - Boeletsa medumo yotlhe e e rutiwang ka metlha.

Dikaedi dingwe tse di botlhokwa tse o tshwanetseng go di latela go ruta go buisa ke:

- 1** Rulaganya barutwana ka bokgoni jwa go buisa jo bo tshwanang.
- 2** Bitsa setlhopha sengwe le sengwe go go buisetsa bonnye gangwe mo bekeng.
- 3** Leka go reetsa barutwana ba ba kgaratlhang ba buisa gabedi kgotsa gararo mo bekeng.
- 4** Dirisa setlhangwa sa maemo a a tshwanetseng – ka ditlhopha tse dingwe, o ka tshwanelwa ke go dira poeletso ya medumo le go aga mafoko.
- 5** Fa o dira le setlhopha, reetsa morutwana mongwe le mongwe a buisa ka nosi.
- 6** Ruta barutwana go dumisa mafoko a ba sa a itseng ka metlha – fa morutwana a fitlhela lefoko le a palelwang ke go le buisa, ba thuse go le dumisa. O seka wa le tlola kgotsa wa bitsa morutwana yo mongwe go le buisa.
- 7** Ka nako ya puisokaelo ka ditlhopha, naya barutwana ka bobedi go dira ditirwana tsa puiso mmogo fa o dira le setlhopha se se nnye.



Lenaneo la Medumopuo: Puo ya Gae Setswana

- Go botlhokwa go ruta barutwana medumo yotlhe ya puo ka tatelano.
- Medumo e e rutiwang mo lenaneong la medumopuo ya Setswana la NECT e neetswe fa tlase, lokologa go dirisa se jaaka kaedi.
- Ka ntlha ya leroborobo, barutwana ba le bantsi ba latlhegetswe ke ditaelo tse di botlhokwa tsa medumopuo.
- Ka kopo batlisisa gore ke medumo efe e barutwana ba e itseng le e ba sa e itseng mme o dirisa lenaneo ka tatelano go baakanya nako e e latlhegileng ya go ithuta.

Ela tlhoko:

- Medumo e e leng mo bolokong jo bo setlha e tlhalosiwa ke TRN(ATP) ke ya Mophato 2 Kgweditharo 4 (ke medumo e e sa pataganang yotlhe)
- Leka go netefatsa gore barutwana ba gago ba itse medumo e.
- Go tlaleletsa, ka kopo ruta barutwana ba gago mafoko a a felelang ka go tshwana jaaka: ‘-ng’

MODUMOPUO WA SETSWANA				TEKOLO
MODUMOPUO	MAFOKO A A DUMISEGANG			
a				
m				
o	o-m-a = oma			
b	a-b-a = aba	o-b-a = oba	o-b-a-m-a = obama	
l	l-a-l-a = lala	l-o-m-a = loma	l-o-b-a = loba	
e	e-m-a = ema	e-l-e-l-a = elela	e-b-o-l-a = ebola	
n	n-o-n-a = nona	n-a-m-a = nama	n-a-n-a-b-e-l-a = nanabela	
i	i-l-a = ila	i-n-a = ina	i-n-a-m-a = inama	
r	r-e-m-a = rema	r-o-m-a = roma	r-o-b-a = roba	
u	u-b-a = uba	u-r-a = ura	u-t-o-l-o-l-a = utolola	
t	t-u-m-a = tuma	t-e-m-o = temo	t-i-l-a = tila	
d	d-u-m-a = duma	d-i-r-a = dira	d-u-b-a = duba	
f	f-o-f-a = fofa	f-a-l-a = fala	f-e-l-a = fela	
g	g-o-g-a = goga	g-o-l-a = gola	g-a-m-a = gama	
h	h-e-m-a = hema	h-u-m-a = huma	h-u-m-a-n-e-g-a = humanega	
j	j-a-l-a = jala	j-e-l-a = jela	j-a-r-a = jara	
k	k-o-b-a = koba	k-i-k-a = kika	k-o-k-o-n-a = kokona	
p	p-i-n-a = pina	p-i-l-o = pilo	p-a-l-a = pala	
s	s-e-l-a = sela	s-e-l-o = selo	s-e-b-a = seba	
w	w-a = wa	w-e-n-a = wena	w-e-l-a = wela	

MODUMOPUO WA SETSWANA				TEKOLO
MODUMOPUO	MAFOKO A A DUMISEGANG			
y	y-a = ya	y-o-n-a = yona	y-o-l-e = yole	
š	š-a = ša	š-a-b-a = šaba	š-a-p-a = šapa	
kh	kh-u-d-u = khudu	kh-i-b-a = khiba	kh-a-i = khai	
ts	ts-a-l-a = tsala	ts-o-m-a = tsoma	ts-e-b-e = tsebe	
mm	mm-e = mme	mm-o-p-a = mmopa	mm-a-p-a = mmapa	
nn	nn-a = nna	nn-a-k-e = nnake	nn-a-y-a = nnaya	
th	th-a-b-a = thaba	th-u-m-a = thuma	th-i-b-a = thiba	
ph	ph-a-l-a = phala	ph-a-k-a = phaka	ph-i-r-i = phiri	
tl	tl-o-l-a = tlola	tl-o-tl-a = tlotla	tl-a-m-a = tlama	
kg	kg-a-o-l-a = kgaola	kg-o-r-a = kgora	kg-a-m-a = kgama	
ng	ng-a-p-a = ngapa	ng-a-l-a = ngala	ng-a-t-a = ngata	
nt	nt-a = nta	nt-i-m-a = ntima	nt-o-m-a = ntoma	
ny	ny-a-l-a = nyala	ny-a-ts-a = nyatsa	ny-e-l-e-l-a = nyelela	
kw	kw-a-l-a = kwala	kw-e-n-a = kwena	kw-a-d-i-s-a = kwadisa	
sw	sw-e-l-a = swela	sw-a = swa	sw-e-ts-e = swetse	
nw	nw-e-l-a = nwela	nw-e-l-e-l-a = nwelela	nw-e-l-e = nwele	
mp	mp-a = mpa	mp-o-n-a = mpona	mp-o-g-i-s-a = mpogisa	
tsh	tsh-i-p-i = tshipi	tsh-a-b-a = tshaba	tsh-i-m-o = tshimo	
ntsh	ntsh-o = ntsho	ntsh-a = ntsha	ntsh-a-b-a = ntshaba	
gw	gw-a-m-a = gwama	gw-a-m-i-s-a = gwamisa	s-e-gw-a-p-a = segwapa	
tshw	tshw-a-r-a = tshwara	tshw-a-n-a = tshwana	tshw-e-n-e = tshwene	
tlh	tlh-a-p-a = tlhapa	tlh-o-k-a = tlhoka	tlh-o-l-a = tlhola	
tsw	tsw-a-l-a = tswala	tsw-i-n-e = tswine	tsw-a-l-e-l-a = tswalela	
rr	rr-e = rre	rr-a-m-e-tl-a-e = rrametlae	rr-e-m-o-g-o-l-o = rremogolo	
tšh	tšh-o-k-o-l-e-t-e = tšhokolete	tšh-i-s-i = tšhisi	tšh-o-tlh-o = tšhotlho	
ntšhw	ntšhw-a = ntšhwa	ntšhw-a-f-a-ts-a = ntšhwafatsa	ntšhw-a-f-a-l-e-ts-a = ntšhwafaletsa	
aa	m-aa-n-o = maano	m-aa-k-a = maaka	m-aa-tl-a = maatla	
oo	m-oo-k-i = mooki	l-oo-kw-a-n-e = lookwane	m-oo-n-o = moonoo	
ii	t-ii-l-e = tiile	s-ii-lw-e = siilwe	d-ii-l-w-e = diilwe	
ee	f-ee-l-a = feela	s-ee-l-ee-l-e = seelele	s-ee-m-o = seemo	
rw	rw-a-l-a = rwala	m-o-rw-a-l-o = morwalo	m-o-rw-a = morwa	
ngw	ngw-e-d-i = ngwedi	ngw-a-y-a = ngwaya	ngw-a-n-a = ngwana	

MODUMOPUO WA SETSWANA				TEKOLO
MODUMOPUO	MAFOKO A A DUMISEGANG			
mph	Mph-o = Mpho	mph-a-l-a = mphala	mph-o-d-i-s-a = mphodisa	
tlw	tlw-a-e-l-a = tlwaela	mm-u-tlw-a = mmutlwa	tlw-a-e-ts-e = tlwaetse	
ntlh	ntlh-o-k-a = ntlhoka	ntlh-o-r-i-s-a = ntlhorisa	ntlh-a-p-a-o-l-a = ntlhapaola	
nk	nk-u = nku	nk-o-nk-o = nkonko	m-o-nk-o = monko	
uu	t-uu! = tuu!	th-uu! = thuu!	m-uu! = muu!	
ntl	ntl-o-ng = ntlong	s-e-a-ntl-o = seantlo	ntl-a-m-e-l-a-ng = ntlamelang	
nth	nth-o = ntho	nth-o-m-a = nthoma	nth-o-g-a = nthoga	
nts	nts-o-m-a = ntsoma	nts-o-s-a = ntsosa	nts-i-b-o-s-a = ntsibosa	
nkg	nkg-o-tl-a = nkgotla	nkg-a-tlh-a = nkgatlha	m-o-nkg-o = monkgo	
kgw	kgw-e-d-i = kgwedi	m-o-kgw-a-r-o = mokgwaro	s-e-kgw-a = sekgwa	
ntlw	ntlw-a-n-a = ntlwana	ntlw-a-e-l-a = ntlwaela	d-i-ntlw-a-n-a = dintlwana	
thw	thw-a-l-a = thwala	thw-a-d-i-s-a = thwadisa	s-e-thw-a-l-a = sethwala	
nngw	nngw-e = nngwe	s-e-nngw-a = senngwa	o-m-a-nngw-a = omanngwa	
ntsw	l-e-ntsw-e = lentswe	s-e-ntsw-e = sentsw-e	ntsw-a-k-e-l-a = ntswakela	
ntšw	ntšw-a = ntšwa	ntšw-a-f-a-ts-a = ntšwafatsa	ntšw-a-ny-a-n-a = ntšwanyana	
tlhw	tlhw-a-r-e = tlhware	tlhw-a-tlhw-a = tlhwatlhwa	m-o-tlhw-a = motlhwa	
lw	lw-a-l-a = lwala	m-o-lw-e-ts-e = molwetse	b-o-j-a-lw-a = bojalwa	
ntw	ntw-a = ntw-a	ntw-e-l-a = ntwela	ntw-a-ntsh-a = ntwantsha	
nkgw	s-e-nkgw-e = senkgwe	nkgw-a-th-i-s-a = nkgwathisa	nkgw-e-l-a = nkgwela	



Morulaganyi & Letlhomeso la tiro la Mosupatsela

- Morulaganyi le mosupatsela wa kharikhulamo o o latelang o dirisa tsamaiso e e tlwaelegileng le ditirwana tse di tlhalositsweng mo peleng.

ATP/TRN

- Go na le Morulaganyi le Mosupatsela x5 tse di sa kwalelang mme o ka di dirisetsa go rulaganya le go bona gore o dirile kharikhulamo ya kgweditharo go fitlha fa kae.
- Fa o rata, o ka itirela tsamaiso e e tlwaelegileng ya gago le ditirwana, fela netefatsa gore di amana le CAPS le ATP/TRN
- Jaanong o ka itlhamela Morulaganyi le Mosupatsela wa gago go bona fa o tsamayang teng ka kharikhulamo ya kgweditharo ya 4

Gopola gore Lenaneo le le rulagantsweng la Puo ya Gae Mophato 1-3 la NECT le teng go ka itseelwa mo go: www.nect.org.za

Thitokgang 1:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
KA MOLOMO	TLOTLOFOKO:		TLOTLOFOKO:	
	PINA/RAEME:		PINA/RAEME:	
	DITIRWANA TSE DINGWE:		DITIRWANA TSE DINGWE:	
MEDUMOPUO	MEDUMO:		MEDUMO:	
	DITIRWANA:		DITIRWANA:	
MOKWALO	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:		MODUMO/MEDUMO, MAFOKO LE DIPOLELO:	

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
PUISOKOPANELO	SETLHANGWA:		SETLHANGWA:	
	DIPOTSO TSA GO TLHALOGANYA:		DIPOTSO TSA GO TLHALOGANYA:	
	TIRWANA YA MORAGO GA PUIISO:		TIRWANA YA MORAGO GA PUIISO:	
GO KWALA	SETLHOGO LE TIRO:		SETLHOGO LE TIRO:	
PUISOKAELO KA DITLHOPHA	DINTLHA:		DINTLHA:	

Thitokgang 2:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
KA MOLOMO	TLOTLOFOKO:		TLOTLOFOKO:	
	PINA/RAEME:		PINA/RAEME:	
	DITIRWANA TSE DINGWE:		DITIRWANA TSE DINGWE:	
MEDUMOPUO	MEDUMO:		MEDUMO:	
	DITIRWANA:		DITIRWANA:	
MOKWALO	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:		MODUMO/MEDUMO, MAFOKO LE DIPOLELO:	

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
PUISOKOPANELO	SETLHANGWA:		SETLHANGWA:	
	DIPOTSO TSA GO TLHALOGANYA:		DIPOTSO TSA GO TLHALOGANYA:	
	TIRWANA YA MORAGO GA PUIISO:		TIRWANA YA MORAGO GA PUIISO:	
GO KWALA	SETLHOGO LE TIRO:		SETLHOGO LE TIRO:	
PUISOKAELO KA DITLHOPHA	DINTLHA:		DINTLHA:	

Thitokgang 3:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
KA MOLOMO	TLOTLOFOKO:		TLOTLOFOKO:	
	PINA/RAEME:		PINA/RAEME:	
	DITIRWANA TSE DINGWE:		DITIRWANA TSE DINGWE:	
MEDUMOPUO	MEDUMO:		MEDUMO:	
	DITIRWANA:		DITIRWANA:	
MOKWALO	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:		MODUMO/MEDUMO, MAFOKO LE DIPOLELO:	

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
PUISOKOPANELO	SETLHANGWA:		SETLHANGWA:	
	DIPOTSO TSA GO TLHALOGANYA:		DIPOTSO TSA GO TLHALOGANYA:	
	TIRWANA YA MORAGO GA PUIISO:		TIRWANA YA MORAGO GA PUIISO:	
GO KWALA	SETLHOGO LE TIRO:		SETLHOGO LE TIRO:	
PUISOKAELO KA DITLHOPHA	DINTLHA:		DINTLHA:	

Thitokgang 4:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
KA MOLOMO	TLOTLOFOKO:		TLOTLOFOKO:	
	PINA/RAEME:		PINA/RAEME:	
	DITIRWANA TSE DINGWE:		DITIRWANA TSE DINGWE:	
MEDUMOPUO	MEDUMO:		MEDUMO:	
	DITIRWANA:		DITIRWANA:	
MOKWALO	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:		MODUMO/MEDUMO, MAFOKO LE DIPOLELO:	

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
PUISOKOPANELO	SETLHANGWA:		SETLHANGWA:	
	DIPOTSO TSA GO TLHALOGANYA:		DIPOTSO TSA GO TLHALOGANYA:	
	TIRWANA YA MORAGO GA PUIISO:		TIRWANA YA MORAGO GA PUIISO:	
GO KWALA	SETLHOGO LE TIRO:		SETLHOGO LE TIRO:	
PUISOKAELO KA DITLHOPHA	DINTLHA:		DINTLHA:	

Thitokgang 5: Poeletso

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
KA MOLOMO	TLOTLOFOKO:		TLOTLOFOKO:	
	PINA/RAEME:		PINA/RAEME:	
	DITIRWANA TSE DINGWE:		DITIRWANA TSE DINGWE:	
MEDUMOPUO	MEDUMO:		MEDUMO:	
	DITIRWANA:		DITIRWANA:	
MOKWALO	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:		MODUMO/MEDUMO, MAFOKO LE DIPOLELO:	

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
PUISOKOPANELO	SETLHANGWA:		SETLHANGWA:	
	DIPOTSO TSA GO TLHALOGANYA:		DIPOTSO TSA GO TLHALOGANYA:	
	TIRWANA YA MORAGO GA PUIISO:		TIRWANA YA MORAGO GA PUIISO:	
GO KWALA	SETLHOGO LE TIRO:		SETLHOGO LE TIRO:	
PUISOKAELO KA DITLHOPHA	DINTLHA:		DINTLHA:	



Lenaneo la tlhatlhobo

Tlhatlhobo ya go ithuta

- **Lenaanetekolo** le le latelang le akaretsa **kgodiso ya dikgono tsa go buisa le go kwala tse di botlhokwa thata** gore barutwana ba gago e nne bo mankge mo kगतong ya motheo.
- Tse ke **dikgono tsa go buisa le go kwala tse di botlhokwa tse barutwana botlhe ba tshwanetseng go nna le tsona** kwa **bofelong jwa Mophato 3**.
- Ga gona tsele ya ka bonako e e bonolo go latela 'Tlhatlhobo ya go lthuta,' kgotsa 'Tlhatlhobo e e Tlhomameng.'
- Go go thusa go dira se ka tsela e e mosola, o ka rata go leka go latela tse di latelang:
 - Dira **buka ya tlhatlhobo ya go rekotela** mme o e tshole ka dinako tsotlhe.
 - Buka e etshwanetse go tshwaiwa KHUPAMARAMA/SEPHIRI
 - Ka mo bukeng e, **nna le karolo ya morutwana mongwe le mongwe**.
 - Go ralala letsatsi, **tlhokomela gore morutwana o dira jang** mme o **kwale dintlha ka se o se lemogileng** mabapi le dikgono tse.
- Nna kelotlhoko ka **barutwana ba ba senang tswelopele** mme o **dire le bona** go rarabolola dikgwetlho tsa bona.

Lenaanetekolo: Kgato ya Motheo, Puo ya Gae

DIKGONO TSA TLHALOGANYO	✓
O latela ditsholofelo le ditekanyetso tsa ka mo phaposing	
O laola maikutlo a gagwe	
O dira ka nosi	
O na le tirisano mmogo mo tirong ya setlhopha.	
O tlhoma mogopolo mo go se a se dirang e bile o fetsa ditiro ka nako e e lebeletsweng.	
O gopola le go golaganya dithuto tse di fetileng le tse dintšhwa.	
O simolola le go tshwarelela botsalano jo bo siameng.	
O a tswelela mo dikgwetlhong – ga a ineele	
GO REETSA LE GO BUJA	✓
O a gola mme o dirisa tlotlofoko e e kwa godimo, e e oketsegang.	
O latela ditshupetso	
O botsa dipotso	
O araba dipotso ka tshwanelo a dirisa dipolelo tse di oketsegang tsa maemo a kwa godimo.	
O dirisa dikgono tsa puisano le go buisana ka tshwanelo.	
TEMOGO YA MEDUMOPUO LE MEDUMOPUO	✓
O kgaoganya mafoko ka medumo ya yona ka molomo	
O kopanya medumo go dira mafoko ka molomo	
O lemoga le go buisa medumo yotlhe e rutilweng (o ithuta kamano ya ditlhaka le medumo)	
O aga le go kgaoganya mafoko a a kwadilweng a dirisa medumo e e rutilweng.	

PUISO	✓
Ka metlha o leka go dumisa mafoko a mantšhwa a dirisa kitso ya tlhaka le modumo.	
O buisa kgang e e mo matlharetirong ka thelelo e e oketsegang le ka nepagalo.	
GO TLHALOGANYA	✓
<i>Mo kgatong ya motheo, dikgono tse di tshwanetse go agiwa ka nako ya puisokopanelo – fa morutabana a buisetsa setlhangwa se se marara kwa godimo.</i>	
O bontsha phisego le kgatlhegelo mo dikgannyeng tsa puisokopanelo.	
O araba dipotso tse di bonolo tse a di gopolang ka nepagalo.	
O naya dikakanyo tse di nang le mabaka mo dipotsong tsa ‘goreng?’	
O dira tshosobanyo ya ditiragalo tse di botlhokwa tsa kgang e e buiseditsweng kwa godimo.	
O dira puisano ka maikaelelo kgotsa molaetsa wa kgang e e buisitsweng.	
O gakologelwa le go golaganya dikgang tse di fetileng le tse dintšhwa.	
MOKWALO	✓
O tshwara phensele le dilwana tsa go kwala ka nepagalo – a dirisa menwana e meraro ya go tshwara.	
O kgona go bopa ditlhaka tse a di rutilweng ka nepagalo e bile di bonagala.	
O kwala ka lebelo le le amogelesegang – o kgona go fetsa ditiro ka nako e e neetsweng.	
GO KWALA	✓
O dirisa go kwala go bua ka dikakanyo tsa gagwe (ga a kopise)	
O kwala ka nosi (o tshola le go dirisa maano a go kwala go fetsa ditiro tsa go kwala)	
O dirisa kitso ya tlhaka le modumo go kwala mafoko (mopeleto wa tlhamo)	
O buisetsa ditsala mokwalo wa gagwe.	

Tlhatlhobo ya go Ithuta

- O ka itlhophelela go **dira tlhatlhobo e e tlhomameng ya gago** (Tiro ya Tlhatlhobo e e Tlhomameng) go ya ka dikaedi tse di neetsweng mo **karolong 4 e e tlhabolotsweng ya CAPS**.
- Kgotsa o ka dirisa sekai sa **Tiro ya Tlhatlhobo e e Tlhomameng** ya Kgweditharo 4 e e **neetsweng fa tlase**. O ka dirisa sekai se jaaka se ntse kgotsa wa se fetola go se dirisa ka mo phaposing ya gago.
- ‘Karata ya maduo’ e akareditswe moo o ka tsenyang dipholo tsa barutwana tsa tlhatlhobo tsa karolwana nngwe le nngwe ya puo.

Tiriso ya Ruburiki

- Diruburiki tse di latelang di na le ditekanyetsi tsa ditlhalosi di le nne.
- Di bontsha kaedi ya selekanyo sa maemo mangwe le mangwe.
- Godimo ga foo, maduo a tekanyetso ya ditlhalosi a neetswe. Se , se bontshitswe ka mo masakaneng a a fa thoko ga ditlhalosi
- O ka dirisa dikarolwana tse go tlhatlhoba barutwana ba gago ka ditsela tse di farologaneng, go ya ka keletso ya porofense kgotsa kgaolo ya gago. Sekai:
 - a O ka itlhophelela go dira maemo a palogare kgotsa selekanyo sa tirwana ya tlhatlhobo.
 - b Kgotsa, o ka itlhophelela go naya morutwana mongwe le mongwe maduo.

SEKAI:

- a Morutabana wa ga Kagiso o beile sefapano mo tekanyetsong ya se a se fitlheletseng.
- b O bona gore sefapano gantsi se wela ka mo MAEMONG 2 / SELEKANYO 3-4. Fela, o na le MAEMO 1 / SELEKANYO 1-2 maduo. Ka jalo, o mo naya **Selekanyo sa 3**.
- c Go tsweng foo, o dira maduo a gagwe go ya ka maduo a a tekanyetso nngwe le nngwe. O fitlhelela maduo a 5 go tswa go 14. Fa o a arola ka 2, o fitlhelela **2.5**, e a e fetolelang mo **Selekanyong sa 3**.

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 2 SELEKANYO 3-4	MAEMO 3 SELEKANYO 5-6	MAEMO 4 SELEKANYO 7
TEKANYETSO 1	Morutwana o anela bonnye jwa kgang ka tatelano e e fosagetseng. (1)	Morutwana o anela bontlhanngwe jwa kgang ka tatelano e e nepagetseng, mme o akaretsa dintlha tse dintsi kgotsa tse dinnye tsa kgang. (2) ✗	Morutwana o anela bontsi jwa kgang ka tatelano e e nepagetseng mme a ka akaretsa dintlha tse dintsi kgotsa tse dinnye tsa kgang. (3)	Morutwana o anela kgang ka tatelano e e nepagetseng le dintlha tse di lekaneng go tlhaloganya kgang. (4-5)
TEKANYETSO 2	Morutwana o ikhutsa kgafetsa, wa okaoka le go boeletsa mafoko kgotsa dipolelwana. (1)	Morutwana ka dinako dingwe o ikhutsa kgafetsa, wa okaoka le go boeletsa mafoko kgotsa dipolelwana. (2) ✗	Morutwana o anela kgang ka thelelo mme o ikhutsa ka dinako dingwe le go okaoka kgotsa go boeletsa mafoko kgotsa dipolelwana. (3)	Morutwana o anela kgang ka thelelo le go itshepa, kwantle ga go ikhutsa, go okaoka kgotsa go boeletsa mafoko kgotsa dipolelwana. (4-5)
TEKANYETSO 3	Ga go na pharologano ya segalo le modumo wa lentswe kgotsa morujwana ga a utlwagale. (1) ✗	Morutwana o farologanya segalo le modumo wa lentswe ka dinako dingwe e se ka fa go tshwanetseng. (2)	Morutwana o farologanya segalo le modumo wa lentswe fa a buisa mme puisoya gagwe e na le matswela. (3)	Morutwana o farologanya segalo le modumo wa lentswe fa a buisa mme puisoya gagwe e na le matswela a magolo. (4)

Go fetola

- Fetolela maduo a a godimo ga 14 go selekanyo sa 1-7 ka go arola ka 2.

Re solofela fa kaedi e ya tlhatlhobo e tla go tswela mosola

- *Go botlhokwa go gopola gore ditiro tsa ditlhatlhobo tse le mekgwa ya go bala ke dikakantsho.*
- *Ka kopo ikobele melao ya ditlhokego tsa tlhatlhobo ya porofense kgotsa kgaolo ya gago.*

Tlhatlho bo ya go lthuta: Karata ya maduo								
Maina a Barutwana	Go reetsa le go bua	Medumopuo	Puiso le Go tlhaloganya	Mokwalo	Go kwala	Gotlhe		
Palo ya Tirwana ya Tlhatlho bo	Go ela tlhoko ka mo phaposing	Go ela tlhoko ka mo phaposing	Go ela tlhoko ka mo phaposing	Go ela tlhoko ka mo phaposing	Go ela tlhoko ka mo phaposing	Go ela tlhoko ka mo phaposing		
1	O reetsa tatelano ya ditaelo e marara le go ditsibogela ka tshwanele.	O reetsa go bona dintlha tsa kangang le go araba dipotso tsa kakanyo.	O bopa mafoko a dirisa medumo e e rutilweng monongwaga	O lemoga ditumanosi tse di pataganeng	O buisetsa kwa godimo ka maemo a gagwe. O dirisa medumopuo, mafoko a a tswaelegileng le kgono ya go dumisa mafoko. O buisa ka thelo e e oketsegileng le go tlhalosa	Araba dipotso tse di tlhamaletseng. O dira ponelopele. O baya ditragalo ka tatelano E e nepagetseng. O dira diphopholetso tsa kitso.	O kopolola le go kwala mafoko a makhutshwane ka go a tshwaraganya kgotsa mokwalo o o tshwaraganeng	O kwala ditemana tse 2 (dipolelo tse10) ka matemogelo a gagwe kgotsa ditragalo. O dirisa matshwao a puo le paka ka nepagalo.
2								
3								
4								
5								
6								
7								
8								
9								
10								
11								
12								

Mophato 2 Kgweditharo 4: Sekai sa Tlhatlhobo e e Tlhomameng

4.1: GO REETSA LE GO BUA/ GO TLHALOGANYA	
MAIKAELELO	<p>O reetsa le go tlotla ka setlhangwa go:</p> <ul style="list-style-type: none"> • Araba dipotso tse di tlhamaletseng ka dintlha tsa kangang. • Araba dipotso tse di bulegileng ka setlhangwa. • O baya ditiragalo tsa setlhangwa ka tatelano e e nepagetseng. • O dira diphopholetso tsa kitso.
TIRISO	<ul style="list-style-type: none"> • Se se ka diriwa ka nako nngwe le nngwe go simolola ka beke 4 – 7. • Dira se ka Labotlhano ka nako ya tirwana ya molomo: Puisano ya puisokopanelo kgotsa ka Labotlhano ka nako ya Puisokopanelo: Tirwana ya morago ga puiso.
TIRWANA	<ol style="list-style-type: none"> 1 Dirisa kangang ya puisokopanelo go tswa mo bekeng e e fetileng. 2 Baya barutwana mo maemong a a siameng go fetsa tiro. 3 Go tsweng foo, biletsa barutwana kwa tafoleng ya gago ka bongwe go feleletsa tlhatlhobo. 4 Kopa barutwana go araba 1-2 ya potso mofuta mongwe le mongwe ka ga setlhangwa.: <p>Dipotso tse di tlhamaletseng ka dintlha</p> <ol style="list-style-type: none"> 1 Mang...? 2 Eng...? 3 Leng...? 4 Jang...? 5 Kae? <p>Dipotso tse di bulegileng/ tsa kaknyo</p> <ol style="list-style-type: none"> 1 Goreng o akanya...? 2 A o ka dira kgolagano go...? 3 Fa o ne o le....o ne o tla dira eng? Goreng? <p>Tatelano</p> <ol style="list-style-type: none"> 1 Go diragetse eng kwa tshimologong ya kangang? 2 Go diragetse eng kwa bokhutlong jwa kangang? 3 Go diragetse eng morago ...? 4 Go diragetse eng la ntlha: ...kgotsa...? <p>Diphopholetso tsa kitso</p> <ol style="list-style-type: none"> 1 O ka dira diphopholetso tsa kitso efe ... go tswa mo ...? 2 O akanya gore goreng...? 3 Goreng o akanya gore ...? <ul style="list-style-type: none"> • Tlhatlhoba morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 2 SELEKANYO 3-4	MAEMO 3 SELEKANYO 5-6	MAEMO 4 SELEKANYO 7
DIPOTSO TSE DI TLHAMALETSENG KA DINTLHA	Morutwana ga a kgone go gopola dintlha tsa kgang ka nepagalo botlalo. (1)	Morutwana o kgona go gopola dintlha dingwe tsa kgang fa a botsolotswa. (2)	Morutwana o kgona go gopola dintlha tsotlhe tsa kgang fa a botsolotswa. (3)	Morutwana o kgona go gopola dintlha tsotlhe tsa kgang ka bonako, thelelo le ka nepagalo. (4-5)
POTSO E E BULEGILENG/ POTSO YA KAKANYO	Morutwana ga a kgone go araba dipotso tse di batlang go akanya ka ga setlhangwa. le fa a newa tshegetso.(1-2)	Morutwana o araba dipotso tse di batlang go akanya ka ga setlhangwa fa a newa tshegetso. (3-4)	Morutwana o araba dipotso tse di batlang go akanya ka ga setlhangwa ka nepagalo fela ga a kgone go tlhalosa Karabo ya gagwe. (5-6).	Morutwana o araba dipotso tse di batlang go akanya ka ga setlhangwa ka nepagalo mme o kgona go tlhalosa Karabo. (7)
TATELANO	Morutwana ga a kgone go dira tatelano ya ditiragalo go tswa mo setlhangweng	Morutwana o kgona go dira tatelano ya ditiragalo go tswa mo setlhangweng ka tshegetso.(2)	Morutwana o dira tatelano ya ditiragalo ka nepagalo go tswa mo setlhangweng fela o tsaya nako (3)	Morutwana o dira tatelano ya ditiragalo tsotlhe ka bonako le ka nepagalo go tswa mo setlhangweng (4-5)
DIPHOPHOLETSO TSA KITSO	Morutwana o kgaratlha go dira diphopholetso tsa kitso ka moanelwa kgotsa tiragalo ya kgang le fa e newa tshegetso. (1)	Morutwana o dira phopholetso ya kitso e e utlwagalang ka ga moanelwa kgotsa tiragalo ya kgang ka go newa tshegetso (2)	Morutwana o dira phopholetso ya kitso e e utlwagalang ka ga moanelwa kgotsa tiragalo ya kgang kwantle ga tshegetso (3)	Morutwana o dira phopholetso ya kitso e e siameng ka ga moanelwa kgotsa tiragalo ya kgang kwantle ga tshegetso (4)

4.2: MEDUMOPUO	
MAIKAELELO	<ul style="list-style-type: none"> • O aga mafoko a dirisa medumo e e rutilweng
TIRISO	<ul style="list-style-type: none"> • Dira se ka beke 5 kgotsa 6, ka nako ya thuto ya Mokwalo ka Mosupologo.
TIRWANA	<ul style="list-style-type: none"> • Bolelela barutwana go bula letlhare le le phepa mme ba kwale setlhogo: Teko ya Medumopuo. • Morago bontsha barutwana go mena letlhare mo dibukeng tsa bona ka halofo mme ba kwale dinomoro go simolola ka 1-10 mo mothalong o o ka fa molemeng, mme 11 – 20 mo bogareng ba letlhare. • Tlhalosetsa barutwana gore o tlile go bitsa nomoro, e latelwe ke modumo kgotsa lefoko. Ba tshwanetse go kwala modumo kgotsa lefoko fa thoko ga nomoro e e nepagetseng. • Fa barutwana ba sa itse go kwala modumo kgotsa lefoko, ba tshwanetse go thala mothalo o monnye fa thoko ga nomoro • Jaanong tlhalosetsa barutwana gore o tlile go ba biletse dipolelo tse pedi. Ba tshwanetse go kwala dipolelo. Ba tshwanetse go dirisa matshwao a puo a a nepagetseng. • Katisa barutwana go nna ka tidimalo ka nako ya diteko mme ba seka ba lebelela tiro ya ba bangwe. • Rulaganya lenaane la mafoko a 20 go a bitsa. – netefatsa gore medumo yotlhe ya teko e rutilwe. • Rulaganya dipolelo tse di khutshwane tse 2 tsa mafoko a 5 mo polelong nngwe le nngwe. E tshwanetse go nna mafoko a tlwaelo kgotsa a medumopuo e barutwana ba tshwanetseng go e itse. • Kwa bofelong ba teko, phutha dibuka tsa barutwana mme o tshwaye teko. • Tlhatlhoba morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 1 SELEKANYO 3-4	MAEMO 1 SELEKANYO 5-6	MAEMO 1 SELEKANYO 7
MOPELETO WA MAFOKO A MEDUMOPUO	Morutwana o tshwere medumo le mafoko a a leng magareng ga 1-6 ka nepagalo.(1-2)	Morutwana o tshwere medumo le mafoko a a leng magareng ga 7-12 ka nepagalo.(3-4)	Morutwana o tshwere medumo le mafoko a a leng magareng ga 13-18 ka nepagalo.(5-6)	Morutwana o tshwere medumo le mafoko a a leng magareng ga 19-20 ka nepagalo.(7-8)
PILETSO YA DIPOLELO	Morutwana o tshwere mafoko a a leng magareng ga 0-3 ka nepagalo(1)	Morutwana o tshwere mafoko a a leng magareng ga 4-6 ka nepagalo (2)	Morutwana o tshwere mafoko a a leng magareng ga 7-8 ka nepagalo (3)	Morutwana o tshwere mafoko a a leng magareng ga 9-10 ka nepagalo (4)
MATSHWAO A PUO A DIPOLELO TSA PILETSO (Tlhakakgolo kwa tshimologong ya polelo nngwe le nngwe. Khutlo kwa bokhutlong jwa polelo nngwe le nngwe.	Morutwana o dirisitse 0 kgotsa 1 ya matshwao a puo ka nepagalo.	Morutwana o dirisitse 2 ya matshwao a puo ka nepagalo. (1)	Morutwana o dirisitse 3 ya matshwao a puo ka nepagalo. (1.5)	Morutwana o dirisitse 4 ya matshwao a puo ka nepagalo (2)

4.3: MEDUMOPUO / PUIISO	
MAIKAELELO	<ul style="list-style-type: none"> • O lemoga ditumammogo tse di pataganeng le ditumanosi tse di pataganeng. • O buisetsa kwa godimo go tswa mo bukeng ka bokgoni jwa gagwe jwa go buisa. • O dirisa mafoko a pono, medumopuo, ditiragalo le thulaganyo ya go sekaseka dikgono tsa go dumisa mafoko. • O buisa ka thelelo e e oketsegang le go itlhalosa.
TIRISO	<ul style="list-style-type: none"> • Se se ka diriwa nako nngwe le nngwe go simolola ka beke 6 go ya go beke 8 • Dira se ka nako ya puisokaelo ka ditlhopha
TIRWANA	<ul style="list-style-type: none"> • Ka nako ya puisokaelo ka ditlhopha, bitsa morutwana mongwe le mongwe wa setlhopha go tla go go buisetsa ka nosi. • Simolola ka go kopa morutwana go go buisetsa lenaane la medumo le mafoko a a dirisang ditumanosi tse di pataganeng sekai: mooki, leeto, tsala kgama, nganga, maano. • Morago kopa barutwana go buisetsa kwa godimo go tswa mo setlhangweng sa bokgoni jwa bona jwa go buisa. Netefatsa gore setlhangwa se akaretsa mafoko a a dumisegang. • Tlhatlhoa morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 2 SELEKANYO 3-4	MAEMO 3 SELEKANYO 5-6	MAEMO 4 SELEKANYO 7
O LEMOGA LE GO BUISA DITUMANOSI TSE DI PATAGANENG LE DITUMAMMOGO TSE DI PATGAGANENG	Morutwana o kgaratlhela go buisa medumo le mafoko ka nepagalo. (1-2)	Morutwana o buisa nngwe ya medumo le mafoko ka nepagalo. (3-4)	Morutwana o buisa bontsi jwa medumo le mafoko ka nepagalo. (5-6)	Morutwana o buisa medumo le mafoko otlhe ka nepagalo. (7)
THELELO	Morutwana o a okaoka fa a buisa., o a didimala fa a fitlha mo mafokong ao a sa a itseng kgotsa o a a tlola mme o boeletsa mafoko kgotsa dipolelwana. (1)	Morutwana o buisa a ntse a ikhutsa kgotsa a belaela. Morutwana o na le dikarolo tsa puiso tse di mo paledisang go tswela. (2)	Morutwana o buisa a ntse a ikhutsa ka moribo. Morutwana o na le dikgwetlho ka mafoko a a rileng kgotsa popego ya polelo. (3)	Morutwana o buisa ka thelelo mme a ikhutsa gongwe. Morutwana o kgona go itshiamisa fa a buisa mafoko a a marara / polelo kgotsa popego ya polelo. (4-5)
GO ITLHALOSA	Morutwana o buisa ka segalo le lentswe le le kwa tlase(1)	Ka dinako dingwe fa morutwana a itshepa, o farolagaya segalo kgotsa modumo wa lentswe.(2)	Morutwana o buisa ka go itlhalosa mme o fetola segalo le modumo wa lentswe ka tshwanelo(3)	Morutwana o buisa ka go itlhalosa go go siameng mme o fetola segalo le modumo wa lentswe ka tsela e e siameng. (4)

4.4: MOKWALO / GO KWALA	
MAIKAELELO	<ul style="list-style-type: none"> • O kopolola le go kwala mafoko a makhutshwane ka go tshwaraganya kgotsa mokwalo o o tshwaraganeng. • O kwala ditemana tse 2(dipolelo tse 10) ka maitemogelo a gagwe kgotsa ditiragalo. • O dirisa matshwao a puo ka nepagalo • O dirisa paka ka nepagalo
TIRISO	<ul style="list-style-type: none"> • Dira se o dirisa thuto ya go kwala ya dibeke 3-4, dibeke 5-6, kgotsa dibeke 7-8.
TIRWANA	<ul style="list-style-type: none"> • Dira thuto ya go kwala jaaka metlha. • Phutha dibuka tsa barutwana kwa bofelong jwa modikologo wa go kwala. • Tlhatlhoba mokwalo wa morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 2 SELEKANYO 3-4	MAEMO 3 SELEKANYO 5-6	MAEMO 4 SELEKANYO 7
MOKWALO: MOKWALO O O TSHWARAGANENG	Morutwana o kgaratlha go tshwaraganya mokwalo. Go na le diphoso ka popego ya ditlhaka le bogolo ba ditlhaka. Morutwana o kwalela ka bonya. (1-2)	Morutwana o na le tswelopele ka go tshwaraganya mokwalo. Go sa ntse go na le diphoso tsa popego ya ditlhaka le bogolo ba ditlhaka. Lebelo la go kwala la morutwana le a tokafala (3-4)	Morutwana o na le tswelopele ka go tshwaraganya mokwalo. Go na le diphoso tse di mmalwa tsa popego ya ditlhaka le bogolo ba ditlhaka. Lebelo la go kwala la morutwana le siame (5-6)	Morutwana o na le tswelopele ka go tshwaraganya mokwalo. Go na le diphoso tse di mmalwa tsa popego ya ditlhaka le bogolo ba ditlhaka. Lebelo la go kwala la morutwana le a itumedisa (7)
GO KWALA: BOITSHIMOLEDI	Kakanyo e e marara go e tlhologanya kgotsa ga se ya gagwe – o kopisitse sekai sa morutabana. (0)	Kakanyo ya gagwe e a tlhologanyesega e bile o itshimoletse yona fela e tswana le sekai. (1)	Kakanyo ya gagwe ke ya maikutlo a gagwe e bile o itshimoletse yona. (2)	Kakanyo ya gagwe ke ya maikutlo a gagwe o itshimoletse yona e bile o botlhami. (3)
GO KWALA: BOLEELE LE POPEGO	Setlhangwa se na le dipolelo tse di ka fa tlase ga 6 kgotsa dipolelo ga di a bopega sentle go ya ka ditemana. (1)	Setlhangwa se na le bonnye dipolelo di le 6-7. Dipolelo ga di a bopega sentle ka ditemana tse pedi. (2)	Setlhangwa se na le bonnye dipolelo di le 6-7. Dipolelo di bopegile sentle ka ditemana tse 2. (3)	Setlhangwa se na le bonnye dipolelo di le 8. Dipolelo di bopegile sentle ka ditemana tse 2. (4)
GO KWALA: PAKA	Morutwana o kgaratlha go kwala ka paka ka go tswana le fa a na le tshegetso ya letlhomiso la tiro le morutabana. (1)	Morutwana o kgona go kwala ka paka ka go tswana ka tshegetso. Morutwana o phuthulogile go ka dirisa pakajaanong le pakatlang. (2)	Morutwana o kgona go kwala ka paka ka go tswana. Morutwana o phuthulogile go ka dirisa pakajaanong, pakatlang le pakaisago mo mabakeng mangwe (3)	Morutwana o dirisa paka ka go tswana le ka nepagalo. Morutwana o phuthulogile go go dirisa pakajaanong, pakatlang le pakaisago (4)

